

# Resource List for Victims of Domestic Violence, Dating Violence, Sexual Assault, or Stalking

## Get Help Now

If you need help, contact a domestic violence program or call a confidential domestic violence hotline.

## Hotlines

- The National Domestic Violence Hotline, 24 hours every day, 800-799-7233 or 800-787-3224 (TTY)
- Teen Dating Violence Hotline, LovelsRespect.org – call, chat, or text, 24 hours every day, 866-331-9474
- The StrongHearts Native Helpline, 9am-5:30 pm M-F, 844-762-8483
- The National Domestic Violence Hotline Deaf Services, 855-812-1001 (videophone) or 800-787-3224 (TTY) anytime. Live Chat every day 7 am – 2 am.
- Washington State Domestic Violence Hotline, 8am-5pm every day, 800-562-6025
- SafePlace provides free and confidential services to people who have experienced all forms of domestic and sexual violence and abuse. Their 24-hour/7 days a week HelpLine, 360-754-6300, can connect you with resources both locally (Thurston County) and throughout the United States, someone to help you plan for your safety, as well as someone to listen and help you process your experience. Trained advocates are there to provide immediate support regardless of where you are with your survivorship. They can assist with immediate domestic violence, and sexual assault crisis needs, legal advocacy, support groups, safety planning, services are also provided in Spanish (Servicios En Español).

## What to expect if you call a hotline

- Direct connection to the domestic violence program near you.
- Help to find resources in your area including safe shelter, advocacy, counseling, and legal assistance.
- Crisis assistance, emotional support, and safety planning.
- Access to hotline advocates in 170 languages through interpreter services.

## What to expect if you call a program

- A caring listening ear. All programs have people who can listen and help you sort out options.
- Advocacy services. Most programs have specially trained advocates who can help with welfare, CPS, disability services, immigration, housing, employment protections, and more.
- Emergency shelter. Many programs offer shelter or safe homes. Transitional housing. Some programs have longer-term housing for survivors.
- Support groups. Some programs run groups for children, youth, and adults.
- Legal advocacy. Most programs offer information about protection orders and other civil matters. Most do not provide legal counsel but can refer you to free or low-cost attorneys.
- Crisis services. Many programs offer 24-hour crisis services.

## What to expect if you go to a shelter

Every shelter is different, but usually, you can expect that:

- Shelters are free—no fees are charged to stay.
- Most shelters have shared kitchens, common areas, and bathrooms.
- If you have children, you will probably all share one bedroom.
- If you are alone, you may have to share a room.
- You are responsible for taking care of your own children.
- All shelters must welcome service animals. However, most shelters cannot accommodate pets. They will work with you to make arrangements to have your pets cared for elsewhere.
- Shelters have laundry facilities and supply linens (sheets, towels, and blankets).
- They usually have emergency food, clothing and toiletries available for the first few days of a stay.
- Shelters can be stressful—this is group living with others who are experiencing tough times.
- You will be asked to honor the privacy of other residents by not discussing their names or situations with anyone else.
- Shelters are concerned about everybody's safety, so you may be asked to keep the location a secret.
- Visitors are generally not allowed.
- Some shelters have computers you can use to check your email and access online resources.
- Some shelters offer free cell phones for 911 calls only.

## What to expect if you call a legal advocate

When you talk to a legal advocate, you can expect that:

- Services are offered free of charge
- Legal advocates are not attorneys and will be unable to give legal advice
- Advocates can offer a range of services that might include:
  - Accompanying you to court
  - Helping you fill out paperwork
  - Helping you understand the civil or criminal process
  - Outlining or prioritizing the legal options that are available
  - Informing you about what actually goes on in court
  - Preparing you for a hearing or trial, and giving support before, during and after
  - Referring you to low or no-cost lawyers

## Community Resources for Cases involving Domestic Violence

### Victim Services in Thurston County

<b>Safeplace</b> .....	360-754-6300	(brochure available)	(various languages)
	TTY: 360-943-6703		
<b>Victim Advocates on JBLM</b> .....	253-966-7233		
<b>VINE</b> .....	1-877-846-3492	(brochure available)	(various languages)
<b>Crime Victims Advocacy Center</b> .....	1-866-711-2826		
<b>NW Immigrant Rights Project</b> .....	1-800-445-5771		
<b>Family Support Center</b> .....	360-754-9297	(brochure available)	
<b>Thurston County Clerks DV Liaison</b> .....	360-709-3268/3275	(brochure available)	

### Legal Services Available to Victims in Thurston County

<b>NW Justice Project</b> .....	1-888-201-1014	(brochure available)
<b>Thurston County Volunteer Legal Service</b> ..	360-705-8194	
<b>SafePlace Legal Clinic</b> .....	360-786-8754	
<b>JAG (Fort Lewis)</b> .....	253-477-1873	
<b>McChord Legal Office</b> .....	253-982-5513	

### Victim Services Nationwide

<b>Domestic Violence Helpline</b> .....	1-800-799-SAFE (7233)
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### Batterer's Intervention Treatment Providers (Court Approved)

<b>Cain, Atwell, and Associates</b> .....	360-413-0046
<b>Alternatives Counseling</b> .....	360-357-7986
<b>Waterland Counseling Service</b>	360-581-6982

### Supervised Visitation and Parenting Classes

<b>South Sound Family Services</b> .....	360-357-1335 (Olympia)	(Court approved visitation)
<b>South Sound Parenting</b> .....	360-349-5623 (Lacey)	(Court approved visitation)
<b>Family Education and Support Services</b> .....	360-754-7629	(Parenting Classes)
<b>South Puget Sound Community College</b> .....	360-596-5293	(Parenting Classes)

### Other Thurston County Resources

<b>Behavioral Health Resources</b> .....	360-704-7170 or 1-800-825-4820	
<b>The Crisis Clinic</b> .....	360-586-2800	1-800-627-2211
<b>SeaMar Community Health Center</b> .....	360-704-7590	(brochure available) (Spanish speaking)
(Mental Health and Chemical Dependency)		
<b>Providence St. Peter Chemical Dependency Center</b> .....	360-456-7575	
<b>Northwest Resources</b>	360-943-8810(Westmoor Court SW Olympia)	
(Mental Health and Chemical Dependency)	360-918-8336 (Lilly Rd. NE)	
	360-668-7312(Martin Way, Olympia)	
<b>CLEAR</b> .....	1-800-201-1014	(brochure available)
(Coordinated Legal Education Advice and Referral)		
<b>CLEAR + 60</b> .....	1-888-387-7111	(brochure available)
<b>CLEAR TTY</b> .....	1-888-201-9737	(brochure available)
<b>Thurston County Sheriff's Department</b> .....	360-786-5500	
<b>Olympia Police Department</b> .....	360-753-8300	
<b>Tumwater Police Department</b>	360-754-4200	
<b>Lacey Police Department</b>	360-459-4333	

Yelm Police Department

360-458-5701

\*Brochures available at Court Administration.